



PRIVACY NOTICE

Effective date April 14, 2003 Revised September 15, 2013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Uses and disclosures: Meridian Psychotherapy is permitted by law to disclose the minimum necessary personal health information to carry out treatment, payment, and health care operations. For treatment purposes, such disclosures may be made to physicians and other health care providers as necessary to provide the appropriate patient treatment and care in emergency situations. Personal health information may be disclosed to your insurance company. This includes government (e.g. Medicare) or other third party payors for the purpose of obtaining payment for services provided. Meridian Psychotherapy may also use personal health information to carry out day-to-day operations, such as scheduling, quality review, and appointment reminders. A list of other examples of disclosures can be obtained from the Privacy Officer upon request.

If you prefer not to receive an appointment reminder, please check the box below and advise our office staff.

Required Authorizations: Meridian Psychotherapy will not disclose any patient's personal health information for any purpose other than payment, treatment, and health care operations, without patient's authorized consent. Upon request for such authorization, patient shall have the right to refuse and/or revoke any disclosure of their personal health information.

There are some situations when information you provide must be reported. For example, if a child, elderly or disabled person is being physically abused, your physician or therapist is required by Virginia law to report the abuse to the appropriate agency. If a patient is threatening bodily harm to self or others, your physician/therapist is required to take protective action, such as contacting a potential victim and/or notifying the police. Mental health professionals are also required to report ethical/legal violations by prior therapists.

Privacy Compliance: In accordance with the privacy regulations under the Health Insurance Portability and Accountability Act (HIPAA), 45 CTR Parts 160 and 164 (the "Privacy Regulation"), Meridian Psychotherapy has adopted privacy policies regarding usage of patients' personal health information. Meridian Psychotherapy is committed to compliance with the Privacy Regulations and all other laws and regulations patients' right to privacy.

Additional Information: For additional information regarding Meridian Psychotherapy's privacy policy or for a copy of this notice, please contact our Privacy Officer. Meridian Psychotherapy reserves the right to change this Notice.

- I do not wish to receive appointment reminder calls**
- I would like a copy of this notice**

Patient Signature

Date

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